

# Momentum

The Newsletter of

 **MemorialCare**  
Saddleback Medical Center Foundation



Daryl and Kim Oswald are grateful for the life-saving care Daryl received from the cardiac team at Saddleback Medical Center.

## Couple Has Double Gratitude For 'World-Class' Cardiac Care

The day started like any other.

The morning of February 17, 2020, Daryl Oswald of Laguna Beach was working from his home office, API Lending — their family-owned business specializing in residential mortgage lending — with his wife, Kimberly.

Suddenly, Daryl, 56, felt something was very wrong. He said, "I think I have to go to the hospital."

Kimberly rushed upstairs to get dressed. From below she heard Daryl yell up, "Honey, hurry, I'm scared."

Then there was a large thud. Kimberly ran downstairs to find Daryl on the floor. His face was purple. Panicked, she bolted outside and yelled to her neighbor to call 911.

Incredibly, another neighbor walking his dog said he was a CPR instructor and rushed in to help until the paramedics arrived. Paramedics continued CPR and shocked him five or six times, eventually arousing an effective heartbeat, although arrhythmic. They rushed him to Saddleback Medical Center's ER.

At the ER, the electrocardiogram revealed he was having a massive heart attack.

"I remember they brought him in and drew the curtain around him," said Kimberly. "I was in shock.."

The cardiologist, John Bahadorani, M.D., told Kimberly that Daryl would

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## Cath Lab Renovation Will Expand Cardiovascular Procedures

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With this renovation, we will continue to be at the forefront of bringing these new technologies to our community.

*Cheng-Han Chen,  
MD, PhD, FACC, FSCAI,  
Medical Director,  
Structural Heart Program,  
Saddleback Medical  
Center*

As a certified cardiac receiving center, Saddleback Medical Center features state-of-the-art Catheterization Labs, used for cardiac, vascular, and neurological procedures with advanced imaging equipment. These include inserting stents for heart attacks, removing clots for strokes, or even placing ports for chemotherapy.

New technology and expanded space is required to keep up with the growing demand for newly developed minimally invasive procedures.

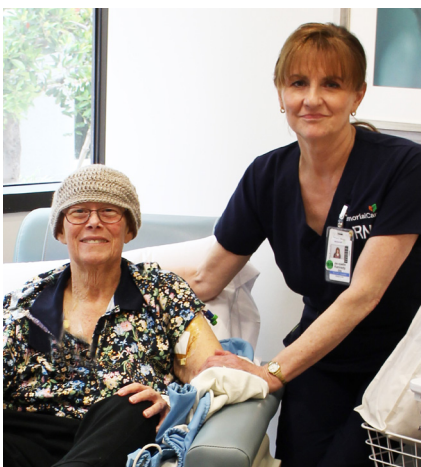
SMC is updating Cath Lab 3, which will allow doctors to continue performing the latest minimally invasive procedures as alternatives to open-heart surgery.

Last year, cardiac procedures increased by 18%. This included pacemakers, stents, angioplasties, and, most recently, our structural heart procedures, the transcatheter aortic valve replacement, (TAVR) and The Watchman, a permanent device for patients with A-fib.

This renovation is vital to serving the increasing number of cardiovascular patients at our hospital.

To complete this project, we are asking for philanthropic support from our generous donors. **Make a tax-deductible gift today! Simply text SBCATHLAB to 41444, or visit [app.mobilecause.com/e/2ZDQPw](https://app.mobilecause.com/e/2ZDQPw).**

## Subaru Drives Up Cancer Donations



A cancer patient receives chemotherapy at the Jean Howard Infusion Center.

Our partnership in 2019 with Irvine Subaru in the annual **Share the Love** campaign raised **\$34,274** to benefit our Cancer Navigator Program!

A cancer navigator guides and supports newly diagnosed cancer patients and their families during the cancer journey. These individuals are trained to provide education, answer questions and coordinate care, free of charge.

For the upcoming 2020 campaign, Saddleback was again selected as one of Irvine Subaru's charities. This year's donations will benefit the hospital's Cath Lab Renovation project.

**TOO COOL  
FOR SCHOOL**

**Congratulations to the 17  
Saddleback Medical Center  
employees who were  
awarded more than  
\$28,000 total in our  
2020 Scholarship Program!**

**To see all the winners,  
visit our Facebook page  
at [facebook.com/  
saddlebackfoundation](https://facebook.com/saddlebackfoundation).**



# A Touching Role Reversal

You know you can come to Saddleback Medical Center whenever you need help. We are always here for you.

But during this healthcare pandemic, something wonderful happened: All of you, members of our community, were here for Saddleback.

You showed up with donations of gloves, masks and hand sanitizer. You coordinated hot meal deliveries, and brought special treats and gifts for our tireless healthcare team. You even opened your pocketbooks and gave with your heart to ensure Saddleback Medical Center would be fully prepared to take care of our patients and our staff during this trying time.

What is so inspiring is that, in the *hospital's* time of need, the community came to the rescue. We are humbled by your constant support, and our hospital staff is honored to care and treat you and your loved ones.

With uncertainty ahead, one thing is for sure: our hospital's mission of caring will continue in the strong embrace of our surrounding community.



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*Cecilia Belew  
President  
Saddleback Medical  
Center Foundation*

A handwritten signature in cursive script that reads "Cecilia Belew".

As you know, our annual Spring Gala and Corporate Golf Classic, which were to benefit the Cardiac Catheterization Lab renovation, was canceled due to the healthcare pandemic.

We would like to thank the Gala and Golf Sponsors listed below who generously converted their sponsorship into a direct donation to benefit the Cath Lab project.  
Because of you, we will save more lives with minimally invasive procedures utilizing the most advanced technology and equipment.

## SPRING GALA SPONSORS

### Platinum

MemorialCare Saddleback Medical  
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### Gold

MemorialCare Medical Group and  
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Steve and Ginger Geidt  
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### Bronze

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## GOLF SPONSORS

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and Greater Newport  
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### Birdie Sponsors

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Russell Investments

### Par Sponsors

Steve and Ginger Geidt  
Hollencrest Capital  
Management  
Regal Medical Group

# Donor Spotlight: Leaving a Ship Shape Legacy



I want to help as many people as possible, and I think Saddleback is the best avenue to achieve that goal.

*Sandy Benson  
Laguna Woods*



For information on designating SMCF as an IRA beneficiary, call (949) 452-3724 or email [smcf@memorialcare.org](mailto:smcf@memorialcare.org).

The third time Sandy Benson retired, it finally stuck.

Every time she tried, someone else really wanted to hire her. In fact, she retired from PIMCO after 20 years on a Friday, and she reported for duty the following Monday with another company. After three years, she tried to retire again, but the company offered her a new position, so she took it.

"At the end of 2019, I really retired," said Sandy, a Laguna Woods resident.

Yet things seemed to get even busier. These days she's a member of the Laguna Woods Cat Club, she spends time cooking for her friends, and grows vegetables. Her latest passion is sailing with the Laguna Woods Yacht Club.

"I love it," she said. "It's the best therapy in the world. We saw a group of bottlenose dolphins the last time. I thank my lucky stars that I live so close to the ocean."

She also serves as a board member for Saddleback Medical Center Foundation. Sandy had her hip replaced at Saddleback Medical Center in 1999, and it was such a good experience, she moved all her medical treatment there. Serving on the board allows her to see

firsthand how philanthropy impacts the hospital, which helped her decide to make Saddleback Medical Center a beneficiary of her IRA.

"I want to help as many people as possible," she said, "and I think Saddleback is the best avenue to achieve that goal."

We're so grateful for how she is steering the ship.

## HEART, from p. 1

require a stent to open up his blocked artery. He was rushed to the catheterization (cath) lab to have a stent placed.

Throughout this ordeal, the couple was in awe of the care they received at Saddleback Medical Center.

"They really treat the whole family — it's so special," Kimberly said. "The nurses would check on me and made sure I ate, took a walk, and slept at night. The doctors kept me informed about Daryl constantly, the nurses stayed in touch. It was just wonderful."

After about 3½ weeks in the ICU, Daryl was transferred to a transitional care facility. Then COVID-19 hit, and Kimberly wasn't allowed to visit Daryl for two months. When he was discharged, Daryl was still having trouble breathing. After a few days, his condition worsened. They called 911, and suddenly, he was back at Saddleback's ER again.

Amazingly, Saddleback's cardiac team recognized Daryl's name on the board and quickly mobilized. Dr. Bahadorani was by his side again, along with Jeffrey Altschuler, M.D., a renowned cardiac surgeon.

Doctors discovered that one of Daryl's heart valves was



**If I had been treated anywhere else but Saddleback, I wouldn't be here.**

*Daryl Oswald, Laguna Beach*

failing. He was quickly taken to the state-of-the-art hybrid operating suite, where Dr. Altschuler performed a surgical aortic valve replacement (SAVR), a non-invasive procedure where the heart valve is replaced through a small incision in the chest, instead of traditional open-heart surgery. **They saved his life again.**

"We want to thank the donors and all the people who made the hybrid room possible," said Kim.

Kim and Daryl are taking things easy, staying home during the pandemic, and cooking healthy meals.

"I feel really good today, I'm a 9 out of 10," said Daryl. "If I had been treated anywhere else but Saddleback, I wouldn't be here."

**Saddleback Medical Center is renovating one of its three cath labs, critical for treatment of heart attacks like Daryl's. To donate, text SBCATHLAB to 41444 or visit app. [mobilecause.com/e/2ZDQPw](https://mobilecause.com/e/2ZDQPw).**