![MemorialCare Saddleback Medical Center logo]

Annual Report and Plan for Community Benefit
MemorialCare Saddleback Medical Center
Fiscal Year 2022 (July 1, 2021 - June 30, 2022)

Submitted to:
Department of Health Care Access and Information
Accounting and Reporting Systems Section
Sacramento, California
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Contents

About Saddleback Medical Center

MemorialCare

MemorialCare Saddleback Medical Center (SMC) is a member of MemorialCare, an integrated, nonprofit health system headquartered in Orange County, California. MemorialCare includes top hospitals – Saddleback Medical Center, Orange Coast Medical Center, Long Beach Medical Center and Miller Children's & Women's Hospital Long Beach. The system also includes MemorialCare Medical Group and Greater Newport Physicians, as well as MemorialCare Select Health Plan and numerous outpatient ambulatory surgery, medical imaging, urgent care, breast health, physical therapy, dialysis and primary care and specialty care centers.

Saddleback Medical Center

SMC is a full service, nonprofit hospital with 248 licensed beds that provides a wide range of services and innovative specialty programs through its Centers of Excellence, which include the MemorialCare Heart & Vascular Institute, the MemorialCare Cancer Institute, the MemorialCare Breast Center, the MemorialCare Joint Replacement Center, Spine Health Center, robotic-assisted surgery program and The Women's Hospital. SMC is continually honored for exceptional medical expertise that offers high quality, compassionate care for patients and families at every stage of their lives.

Awards

Saddleback Medical Center is the recipient of the following awards and accolades:
- U.S. News & World Report Best Hospitals:
  - High-performing rankings in Back Surgery/Spinal Fusion, Chronic Obstructive Pulmonary Disease (COPD), Diabetes, Heart Attack, Heart Failure, Hip Fracture, Hip Replacement, Kidney Failure, Knee Replacement, Pneumonia and Stroke
- Healthgrades 2022 honors
  - America's 100 Best Gastrointestinal Care
  - Excellence Award for:
    - General Surgery
    - Pulmonary Care
    - Gastrointestinal Care
  - Five-Star Recipient
    - Treatment of Heart Failure
    - Valve Surgery Five-Star Recipient
- *The Orange County Register's* Best of Orange County: ranked among the Best Hospitals in Orange County and a Top Workplace.

- Magnet® designated by American Nurses Credentialing Center (ANCC) for nursing excellence.
- Geriatric Emergency Department Accreditation by the American College of Emergency Physicians and recognized as an Age Friendly Health System Committed to Care Excellence Hospital.
- American Heart Association/American Stroke Association Care Gold Plus and Thrombectomy-Capable Stroke Center Certification.
- Received an "A" Safety Grade from Leapfrog Group, an independent national organization committed to health care quality and safety, for the fourth consecutive time.
- Recognized in *Newsweek*'s Best Maternity Hospitals list, for providing exceptional care to mothers, newborns and their families. *Newsweek* developed this list in partnership with Leapfrog Group.
- Center of Excellence by the Society for Obstetric Anesthesia and Perinatology.
- The Patient Safety Movement Foundation's 5-Star Hospital Award in recognition of MemorialCare's steadfast commitment to patient safety and quality of care. MemorialCare is one of only six health systems across the United States to receive the award.

Mission and Values

Mission

To improve the health and well-being of individuals, families and our communities.

Vision

Exceptional People. Extraordinary Care. Every Time.

Values

The iABCs of MemorialCare

The iABCs are a statement of our values—Integrity, Accountability, Best Practices, Compassion and Synergy. They remind us of our commitment to the highest standard of patient care and the active communication of clinical outcomes.

➢ **Integrity**

Always holding ourselves to the highest ethical standards and values. Doing the right thing, even when no one is watching.

➢ **Accountability**

Being responsible for meeting the commitments we have made, including ethical and professional integrity, meeting budget and strategic targets, and compliance with legal and regulatory requirements.

➢ **Best Practices**

Requires us to make choices to maximize excellence, and to learn from internal and external resources about documented ways to increase effectiveness and/or efficiency.

➢ **Compassion**

Serving others through empathy, kindness, caring and respect.

➢ **Synergy**

A combining of our efforts so that together we are more than the sum of our parts.

Governance

The MemorialCare Orange County Board of Directors guides the direction of community benefit, with assistance from the Community Benefit Oversight Committee (CBOC).

Board of Directors

Barry Arbuckle, PhD

Sharon Cheever, Chair

Tom Rogers, Vice Chair

Thomas Feldmar, Secretary

Resa Evans

Julio Ibarra, MD

Lalita M. Komanapalli, MD

Joel Lautenschleger

Michael Dean Moneta, MD

Donna Rane-Szostak, EdD

Dale Vital, RN

David A. Wolf

Community Benefit Oversight Committee

The CBOC (Community Benefit Oversight Committee) is an advisory committee for the hospital's community benefit programs and reports to the Board of Directors. The CBOC reviews and validates legal and regulatory compliance specific to community benefit mandates; assures community benefit programs and services are effectively meeting identified community health needs, with emphasis on populations with unmet health needs; and increases transparency and awareness of community benefit activities. The members of the CBOC include:

- LaVal Brewer, Executive Director, Playworks Southern California
- Susie Caskey, Community Member
- Roneet Cooper, Social Worker, Coordinated Health Services, Saddleback Medical Center
- Jan Gameroz, Manager Oncology Administration, Saddleback Medical Center
- Beth Krom, Former Irvine Mayor and City Councilmember
- Kristen L. Pugh, Vice President, Advocacy & Government Relations, MemorialCare
- Donna Rane-Szostak, MemorialCare Orange County Board Member
- Suzie Swartz, Saddleback Valley Unified School District Board Member
- Elizabeth Tsai, Physician, MemorialCare

Caring for our Community

Saddleback Medical Center recognizes its obligation to provide service above and beyond its role as a healing facility. In 1997, a group of physicians helped launch one new, unified brand name for a nonprofit integrated health system with hospitals and ambulatory sites of care. They knew they could help make clinical care across Orange County and Los Angeles County significantly better – by working together as a system. They created best practices and committed to using evidence-based medicine throughout a brand-new system, called MemorialCare. Since then, year over year, we have constantly raised the bar on how we work, the way we collaborate, and how we give our patients simply better care.

This report demonstrates tangible ways in which SMC is fulfilling its mission to improve the health and well-being of our community and provide extraordinary care. SMC provides financial assistance to those in the community who cannot afford services, or whose health insurance does not cover all services rendered. In addition, SMC invests in the community to increase access to health care services and improve health.

Service Area

Saddleback Medical Center is located at 24451 Health Center Drive, Laguna Hills, in Orange County, California. The service area is located in Orange County and includes 28 ZIP Codes, representing 17 cities or communities. This primary service area was determined by averaging total inpatient ZIP Codes from 2018-2020. This service area noted below represents 88% of total inpatient ZIP Codes of patient origin.

Saddleback Medical Center Service Area

Geographic Areas	ZIP Codes
Aliso Viejo	92656
Capistrano Beach	92624
Dana Point	92629
Foothill Ranch	92610
Irvine	92602, 92603, 92604, 92606, 92612, 92614, 92618, 92620
Ladera Ranch	92694
Laguna Beach	92651
Laguna Hills	92653
Laguna Niguel	92677
Laguna Woods	92637
Lake Forest	92630
Mission Viejo	92691, 92692
Rancho Santa Margarita	92688
San Clemente	92672, 92673

Geographic Areas	ZIP Codes
San Juan Capistrano	92675
Trabuco Canyon	92679
Tustin	92780, 92782

Community Snapshot

The population of SMC's service area is 984,079. Children and youth make up 20.5% of service area population, 62.6% are adults, and 16.9% are seniors, ages 65 and older. The service area has a higher percentage of seniors than found in the county (15.7%) and the state (15.2%). More than half of the population is White (52.4%). At 21.9% of the population, Asians are the second largest race/ethnic group in the service area. Latinos or Hispanics make up 19.1% of the population in the service area. Black/African Americans are 1.6% of the population. The remaining races/ethnicities comprise 4.6% of the service area population.

65% of residents in the service area speak English only in the home. Spanish is spoken in 13.6% of the homes in the service area. An Asian or Pacific Islander language is spoken in 13.2% of service area homes. 7.3% of residents in the service area speak an Indo-European language in the home. Among area residents, 7.3% are at or below 100% of the federal poverty level (FPL) and 16.6% are at 200% of FPL or below (low-income). In the service area, 7.7% of children. 8.1% of seniors, and 20.7% of female head of households with children live in poverty. In the service area, 11.9% of adults are high school graduates. 63.7% of the population in the service area has graduated college, higher than the rate for the county (48.6%) and the state (41.8%).

Community Health Needs Assessment

Saddleback Medical Center completed a Community Health Needs Assessment (CHNA) in Fiscal Year 2022 as required by state and federal law. The CHNA is a primary tool used by the hospital to determine its community benefit plan, which outlines how it will give back to the community in the form of health care and other community services to address unmet community health needs. The assessment incorporated components of primary data collection and secondary data analysis that focused on the health and social needs of the service area.

The CHNA examined up-to-date data sources for the service area to present community demographics, social determinates of health, health care access, maternal and infant health, leading causes of death, disability and disease, health behaviors, mental health, substance use, and preventive practices. When applicable, these data sets were presented in the context of Orange County, California and were compared to the Healthy People 2030 objectives.

Targeted interviews were used to gather information and opinions from persons who represent the broad interests of the community served by the hospital. Twelve (12) interviews were completed from November 2021 to January 2022. Interviewees included individuals who are leaders and/or representatives of medically underserved, low-income, and minority populations, and local health or other departments or agencies that have current data or other information relevant to the health needs of the community. Input was obtained from the Orange County Health Care Agency.

Priority Health Needs

Health needs were identified from secondary data using the size of the problem (relative portion of population afflicted by the problem) and the seriousness of the problem (impact at individual, family, and community levels). The analysis of secondary data yielded a preliminary list of significant health needs, which then informed primary data collection. The primary data collection process was designed to validate secondary data findings, identify additional community issues, solicit information on disparities among subpopulations, ascertain community assets to address needs and discover gaps in resources.

The identified significant needs included (in alphabetical order):
- Access to care
- Chronic diseases
- COVID-19
- Food insecurity
- Housing and homelessness

- Mental health
- Overweight and obesity
- Preventive practices
- Senior health
- Substance use

The identified significant health needs were then prioritized with input from the community. The community stakeholders were asked to rank order the health needs according to highest level of importance in the community. Among key stakeholder interviewees, housing and homelessness, mental health, access to care, COVID-19 and substance use were ranked as the top five priority needs in the service area.

The complete CHNA report and the prioritized health needs can be accessed at www.memorialcare.org/about-us/community-benefit. We welcome feedback on the Community Health Needs Assessment. Please send your feedback to: communitybenefit@memorialcare.org.

Addressing Priority Health Needs

In FY22, Saddleback Medical Center engaged in activities and programs that addressed the priority health needs identified in the FY20-FY22 Implementation Strategy. SMC has committed to community benefit efforts that address access to care, preventive care, chronic diseases, mental health and behavioral health, with a special focus on the senior population. Selected activities and programs that highlight the hospital's commitment to the community are detailed below.

Access to Care/Preventive Care

Access to care is a key determinant of health that provides preventive measures and disease management, reducing the likelihood of hospitalizations and emergency room admissions. Routine health care includes screenings, check-ups, and counseling to prevent illness, disease, or other health problems. Individuals, who receive services in a timely manner, have a greater opportunity to prevent or detect disease during earlier, treatable stages.

Response to Need

Health Education and Awareness

SMC provided support and services for community residents that removed barriers to care and increased access to health care and preventive measures. General health and wellness education was presented on topics that included: heart disease, stroke, cancer prevention, cardiac rehab, cholesterol awareness, COVID, advanced care directives, breast health, behavioral health, fall prevention, mindful eating, and successful aging, among others.

Assisted parents-to-be and provided advice, strategies, and tools for parents and families through prenatal, childbirth and parenting classes. Breastfeeding support was provided by lactation experts through phone consultations.

Community Outreach

Using local and regional publications, SMC reached community residents with messages on disease prevention and healthy lifestyles. Through social media platforms, SMC reached community residents with messages on health topics, trends and concerns.

Support Services

The hospital offered services to increase access to care and support preventive health care.
- Transportation was provided to persons who could not easily access medical care and appointments.
- Uninsured or underinsured persons were assisted with health insurance enrollment.

- The Compassionate Care program provided free prescriptions, home health medications, recuperative care and transportation for community members.
- The High-Risk Pharmacy Discharge program delivered prescriptions to patients who could not afford the cost of the medication prior to discharge so they would be able to leave the hospital with their prescriptions.

Social Work Care Management

High-risk seniors were followed by a licensed Social Worker after discharge from the hospital. The Social Worker provided needed care management, supplies, and home care services based on an individualized care plan.

COVID-19

SMC provided communitywide communications on COVID-19 prevention, testing and vaccines. Vaccine clinics provided the COVID-19 vaccine and vaccine booster to community residents.

Wellist

Health information and community resources were made available to the public through a web-based portal and phone line that connects to professionals available in over 200 languages.

Chronic Diseases

Chronic diseases are long-term medical conditions that tend to progressively worsen. Chronic diseases, such as cancer, heart disease, diabetes and lung disease, are major causes of disability and death. Chronic diseases are also the major causes of premature adult deaths. The hospital serves a community with a high percentage of seniors who suffer from dementia and Alzheimer's disease.

Response to Need

Health Education and Awareness

SMC provided a variety of health education classes, social media posts, articles in regional publications, and local television events that focused on chronic disease prevention, management and treatment. Presentations and information were provided on heart disease, stroke, diabetes, Alzheimer's disease, Parkinson's disease, cancer, arthritis, joint disease and other disease-related topics.

Support Groups

A Bereavement support group and Cancer support group assisted persons experiencing chronic diseases, their families and caregivers.

The SMC grant program provided funding for the Age Well Senior Services Non-Emergency Transportation Program and Senior Nutrition Program that served seniors throughout South Orange County.

- The Senior Non-Emergency Medical Transportation program ensured elderly participants with serious chronic conditions were able to attend their medical appointments. This included 985 roundtrip rides for senior community members to and from medical appointments.
- The Senior Nutrition Program (included Meals on Wheels and COVID-19 emergency meal delivery program) provided nutritious meals to the homes of isolated seniors. Volunteers delivered three meals each weekday to seniors throughout Orange County. This totaled 1,347 unduplicated seniors receiving 289,191 meals.

Helping Hand Worldwide, Inc. (HHWW)

The SMC grant program provided funding for HHWM's refrigerated Mobile Food Pantry Program. The Mobile Food Pantry Program provided accessible, sustainable and reliable food sources while eliminating thousands of pounds of food daily that would otherwise be sent to landfills. The program provided community food distribution for seniors and families among cities in the hospital service area. In FY22, HHWW provided over one million pounds of donated fresh food to low-income senior communities in South Orange County.

Mental Health and Behavioral Health

Positive mental health is associated with improved health outcomes. Indicators and contributors to poor mental health include poverty and low-levels of education. The need to access mental and behavioral health services was noted as a high a priority among community members.

Response to Need

Behavioral Health Integration Program

MemorialCare health system recognized that both physical and mental health should be coordinated in primary care settings. As a result, the Behavioral Health Integration program was launched in 2018. The project has grown to include nine MemorialCare Medical Group Primary Care sites of care throughout our service areas. The primary care physicians are equipped to screen for mental health conditions and coordinate care options for patients with behavioral health needs. The program included:

- An embedded clinical social worker at each location
- Instant referral to needed services
- Access to a trained psychiatrist via Telehealth
- Tele-video visits to patients enrolled in the program

- Online patient self-management tools through SilverCloud

SilverCloud

In response to the unprecedented need for mental health and mental wellbeing services during the pandemic, MemorialCare offered a free online resource to the entire community. SilverCloud is an on-demand, virtual mental health platform that offers digital behavioral health care via evidence-based content, programs and support. The online psychoeducational and therapeutic program aims to help manage anxiety, depression, stress and sleep. Using online programs, the platform is customizable and designed to meet a person's unique mental health goals. The program does not require a doctor's order, can be completed at any pace by participants and is accessible any time on smartphone, tablet and computer devices.

Be Well OC Mental Health and Wellness Campus

MemorialCare partnered with Be Well OC to open a mental health and wellness campus in Orange. The 60,000 square feet state-of-the-art facility, which opened in January 2021, provides best-in-class mental health and substance use disorder services to all Orange County residents who are referred for care. The first of three planned campuses, the facility in Orange features a crisis stabilization center for mental health needs, and a recovery station for substance use disorders. Other services include withdrawal management, adult residential treatment, and an integrated support center.

Friendship Shelter

The SMC grant program provided funding for Friendship Shelter's Housing Focused Shelter program, including voluntary psychiatric care. In FY22, 188 unique program participants received services that addressed many intersecting social determinants of health including economic stability, health care access, transportation, food security, and social supports. In addition, 26 unique persons were housed.

Support Services

Not uncommonly, unused prescription drugs can be obtained illegitimately and lead to substance use. The Outpatient Pharmacy maintained a drug take back repository, which received unused drugs from the community and appropriately destroyed them.

Community Benefit Services Summary FY22

Accomplishments in FY22 (July 1, 2021 to June 30, 2022)

Community benefit services promote health and healing and are focused on addressing the identified unmet health needs of the community. For a program or service to be considered a community benefit it must: improve access to health care; or enhance the health of the community; or advance medical or health care knowledge; or reduce the burden of government or other nonprofit community efforts. Due to COVID-19, some of our annually supported programs and events were postponed. Other programs were transferred from in person events to virtual meetings to allow for social distancing.

Community Health Improvement Services
Definition: activities carried out to improve community health, available to the public, which address a community need.

<u>Community Health Education</u>
- General health and wellness education reached 2,000 individuals on topics related to disease prevention and treatment, health access and wellness topics.
- Childbirth and maternal support education sessions provided over 8,000 encounters on topics that included healthy pregnancy, childbirth, maternal support childcare and breastfeeding support.
- Provided 750 BE FAST Stroke Education wallet cards to community members.
- 276 individuals participated in postpartum support groups.
- Support groups for cancer and bereavement reached 414 community residents and family members/caregivers.
- The *CareConnection* quarterly newsletter was made available to community residents to provide health education messages and notify the community of free classes, support groups, and screenings offered at the hospital. Newsletters were mailed to households and the information was also posted on memorialcare.org.
- Published the Village Breeze newsletter for Leisure World residents, providing health messaging for senior residents.

<u>Community-Based Clinical Services</u>
- Provided community COVID-19 vaccination clinics.
- Free lactation consultation, open to community women, was provided to new mothers using the Lactation Breastfeeding Help Line.

Health Care Support Services
- Patient Financial Services enrolled community residents in low cost or no cost insurance programs, regardless of where they received care.
- The Compassionate Care program provided free prescriptions, home health medications, recuperative care and transportation for 58 community members.
- The High-Risk Pharmacy Discharge Program delivered prescriptions to patients who could not afford to pay for the medications.
- The hospital provided transportation programs for 352 patients and families with limited resources to support access to care.
- Care management was provided by a licensed social worker to assist vulnerable seniors in their homes upon discharge from the hospital. Needed equipment, services and resources were provided.
- MemorialCare hosted the Wellist online platform that connected the public to health information and certified local resources, free of charge.
- SilverCloud was available as an online educational and therapeutic program to help manage anxiety, depression, stress, and trouble sleeping. Available in English and Spanish.

Social and Environmental Improvement Activities
- Take Back Medication Program supported the safe collection and disposal of unused medications.

Health Professions Education
Definition: education programs for physicians, nurses, nursing students, and other health professionals.

Nursing Education
- 229 nursing students participated in precepted clinical rotations at Saddleback Medical Center.
- HELP is an evidence-based, innovative model of hospital care designed to prevent delirium and functional decline among patients. Over 250 nursing students were trained in the HELP program to provide targeted interventions, which are Daily Visitation, Mealtime assistance, Therapeutic activities, Sleep promotion, and early mobilization.

Other Health Professions Education
SMC provided precepting for 81 health professionals. Students were educated and performed their clinical hours and/or internship rotations for students in imaging, occupational therapy, paramedics, pathology, pharmacy, physician assistants, physical therapy, respiratory therapy, sonographer, speech therapy, and surgical technicians.

Cash and In-Kind Donations

Definition: funds and in-kind services donated to community groups and nonprofit organizations.

Cash Donations

Funds were donated to nonprofit community groups and local organizations. The support of these organizations furthered SMC's mission and addressed the community health needs identified through the CHNA.

In-Kind Donations

SMC employees represented the hospital on community boards and collaborative committees that focused on increased access to health and social services, improved safety, and senior health issues. Additionally, KN95 masks were donated to Ukraine.

Grant Program

In FY22, SMC provided $50,000 in grant funds to support community-based organizations that addressed identified health needs and served vulnerable populations within the hospital service area. Grants were provided to:

- Age-Well Senior Services
  - Senior Non-Emergency Medical Transportation
  - Meals on Wheels
- Friendship Shelter
  - Housing Focused Shelter program, including voluntary psychiatric care
- Helping Hand Worldwide, Inc.
  - Refrigerated mobile food pantry providing fresh donated food to low-income senior communities and families.

Community Benefit Operations

Definition: direct and indirect costs associated with assigned staff, community health needs assessments, community benefit planning, tracking, reporting, evaluating and operations.

In FY22, community benefit operations included:

- Community benefit staff salary, benefits and expenses
- Administrative support for community benefit
- Community benefit consultants

Community Building Activities

Definition: *activities that support community assets by offering the expertise and resources of the hospital organization. These activities may address the root causes of health problems or the*

determinants of health, such as education, homelessness, poverty and the environment.

Economic Development

The hospital supported economic development groups that focused on issues that impacted community health improvement and safety, including:

- Laguna Hills Chamber of Commerce
- Orange County Business Council
- San Clemente Chamber of Commerce
- South Orange County Economic Coalition

Workforce Development

Saddleback Medical Center provided 19 high school students with observational roles in the Laboratory and Nursing from Junipero Serra Catholic High School Medical Magnet Program.

Financial Summary of Community Benefit

The SMC financial summary of community benefit for FY22 (July 1, 2021 to June 30, 2022) is summarized in the table below. The Hospital's community benefit costs comply with Internal Revenue Service instructions for Form 990 Schedule H. Costs are determined as part of the VHA Community Benefit package and are based on the hospital's overall cost to charge ratio.

Community Benefit Categories	Net Benefit
Charity Care/Financial Assistance[1]	$1,968,000
Unpaid Costs of Medi-Cal[2]	$11,662,000
Education and Research[3]	$5,471,000
Other for the Broader Community[4]	$892,000
Total Community Benefit Provided Excluding Unpaid Costs of Medicare	**$19,993,000**
Unpaid Costs of Medicare[2]	$14,432,000
Total Quantifiable Community Benefit	**$34,425,000**

[1] Financial Assistance includes traditional charity care write-offs to eligible patients at reduced or no cost based on the individual patient's financial situation. Financial Assistance or Charity Care does not include costs for patients who had commercial insurance, but could not afford their out of pocket costs.
[2] Unpaid costs of public programs include the difference between costs to provide a service and the rate at which the hospital is reimbursed.
[3] Costs related to the health professions education programs and medical research that the hospital sponsors.
[4] Includes non-billed programs such as community health education, screenings, support groups, support services, cash and in-kind donations and community benefit operations.

Community Benefit Plan FY23

Saddleback Medical Center continues to implement activities and programs to address the priority needs in our service area.

Significant Needs the Hospital Intends to Address
SMC will address the following health needs that were identified in the FY22 CHNA and detailed in the FY23-FY25 Implementation Strategy with a focus on older adults, the social determinants of heath and health equity:

- Access to care
- Behavioral health (mental health and substance use)
- Chronic diseases
- Preventive care

Using the lens of the social determinants of health and health equity, SMC will provide some additional attention to food insecurity as well as bringing community awareness to housing and homelessness as applied to these priority health needs.

Access to Care
Goal: Increase access to health care for the medically underserved.

Strategies
1. Provide financial assistance through free and discounted care for health care services, consistent with the hospital's financial assistance policy.
2. Provide transportation support to increase access to health care services.
3. Provide low-income residents with low-cost or no-cost pharmacy assistance.
4. Provide grant funding and in-kind support to increase access to health care.
5. Work in collaboration with community agencies to address the health care needs of older adults.
6. Work in collaboration with community agencies to address the impact that the social determinants of health and health equity have on health care access.

Behavioral Health (Mental Health and Substance Use)
Goal: Increase access to mental health and substance use services in the community.

Strategies
1. Increase community awareness of prevention efforts and availability of resources to address mental health and substance use and misuse concerns.

2. Offer community health education, community lectures, presentations and workshops focused on mental health and substance use topics.
3. Participate in health and wellness fairs that include screenings for anxiety and depression.
4. Support multisector collaborative efforts to increase access to behavioral health services.
5. Provide grant funding and in-kind support to increase behavioral health awareness and access to behavioral health services.
6. Provide mental health support for home-bound seniors.
7. Work in collaboration with community agencies to address the impact that the social determinants of health and health equity have on accessing behavioral health services.

Chronic Diseases

Goal: Reduce the impact of chronic diseases on health and increase the focus on chronic disease prevention and treatment education.

Strategies
1. Offer health education workshops and presentations on chronic disease prevention, treatment, and management.
2. Host health and wellness fairs for older adults, including screenings.
3. Offer flu shot clinics.
4. Provide support groups to assist those with chronic diseases and their families.
5. Provide public health education in the media and community health awareness events to encourage healthy behaviors and prevent chronic diseases.
6. Provide grant funding and in-kind support for chronic disease prevention and treatment.
7. Work in collaboration with community agencies to address chronic disease prevention and treatment among older adults.
8. Work in collaboration with community agencies to address the impact that the social determinants of health and health equity have on chronic diseases.

Preventive Care

Goal: Improve community health through preventive health practices.

Strategies
1. Provide free health screenings.
2. Provide vaccines in the community (COVID and flu).
3. Provide education and resources focused on healthy living and disease prevention.
4. Reduce injuries and falls among seniors through balance improvement and fall prevention classes.

5. Provide public health education in the media and community health awareness events to encourage healthy behaviors and promote preventive health care.
6. Provide grant funding and in-kind support to increase/expand preventive health services.
7. Work in collaboration with community agencies to provide preventive care services to older adults.
8. Work in collaboration with community agencies to address the impact that the social determinants of health and health equity have on access to preventive practices.

Evaluation of Impact

SMC is committed to monitoring and evaluating key initiatives to assess the programs and activities outlined in this Implementation Strategy. We have implemented a system for the collection and documentation of tracking measures, such as the number of people reached or served, and collaborative efforts to address health needs. In addition, through our grants program, we track and report program outcomes. An evaluation of the impact of SMC's actions to address these significant health needs will be reported in the next scheduled CHNA.

Needs the Hospital Will Not Address

Since SMC cannot directly address all the health needs present in the community, we will concentrate on those health needs that can most effectively be addressed given our areas of focus and expertise. Taking existing hospital and community resources into consideration, SMC will not directly address the remaining health need identified in the CHNA, which was overweight and obesity.

Contact Information

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